#### PHYSIOTHERAPY TECHNICIAN

(SEMESTER PATTERN)

under CRAFTSMAN TRAINING SCHEME(CTS)

Designed in: 2013

Ву

Government of India CENTRAL STAFF TRAINING AND RESEARCH INSTITUTE Directorate General of Employment & Training Ministry of Labour & Employment EN-81, SECTOR-V, SALT LAKE CITY KOLKATA-700091

### LIST OF MEMBERS ATTENDED TRADE COMMITTEE MEETING

Sl.No.	Name & Designation	Office	Remarks
1	Sri M.S. Lingaiah, Director	CSTARI, Salt Lake, Kolkata - 91	Chairman
2	Prof. S. Basu, Special Secretary Health and	Govt. of West Bengal, Deptt. Of	Member
	Family Welfare.	Health.	
3	Prof. S. Pal, Professor, Biomedical	Jadavpur University, Kolkata-72	Member
	Engg.		
4	Sri Aminul Ahsan,	West Bengal Voluntary Health Association	Member
5	Sri Jnan Praakash Poddar	Indian Institute of Training & Dev.	Member
		SRIJAN, Kolkata.	
6	Dr. Jyanta Kr. Paul	Nilratan Sarkar Medical College Hospital,	Member
		Kolkata.	
7	Dr. Prabir Chowdhury, Radiation	Chittaranjan National Cancer Institute	Member
	Oncologist.		
8	Dr. Soumitra Kr. Chowdhuri, Head,	Chittaranjan National Cancer Institute	Member
9	Dr. Suparna Majumdar, HOD/Deptt.	Chittaranjan National Cancer Institute	Member
	Deptt. Of Radiology.		
10	Dr. P.K.Sarkar, Head, Health Physics Unit.	Variable Energy Cyclotron Centre.	Member
11	Prof. Anjali Mukherjee, Sivatosh	S .M. Sc., Kolkata - 25	Member
	Mukherjee Science Centre		
12	Dr. R. Kumar Angrish	Life Aids Physiotherapy Unit, New	Member
		Alipore, Kolkata.	
13	Mrs. Prachi Angrish	- do -	Member
14	Sri R. Senthil Kumar, JDT	CSTARI, Salt Lake, Kolkata-91	Member
15	Sri M.M. Gera, DDT	CSTARI, Salt Lake, Kolkata-91	Member
16	Sri T. Mukhopadhyay, DDT.	CSTARI, Salt Lake, Kolkata-91	Member
17	Sri S. Kumar, JDT	CSTARI, Salt Lake, Kolkata-91	Member
18	A.Chakraborty, ADT	CSTARI, Salt Lake, Kolkata-91	Member
19	Sri P.K. Koley, T.O.	CSTARI, Salt Lake, Kolkata-91	Member
20	Mrs. Anindita Chakraborty,	Salt Lake, Kolkata	Special
	Psychologist.		Contributors
21	Dr. N.L. Dutta Banik	Kolkata.	Special
			Contributors
22	Dr. K.L. Ganguli	Bharat Seva Shram Sangha	Special
			Contributors

# List of members attended the Workshop to finalize the syllabi of existing CTS into Semester Pattern held from $6^{th}$ to $10^{th}$ May'2013 at CSTARI, Kolkata.

Sl. No.	Name & Designation	Organisation	Remarks
1.	R.N. Bandyopadhyaya, Director	CSTARI, Kolkata-91	Chairman
2.	K. L. Kuli, Joint Director of Training	CSTARI, Kolkata-91	Member
3.	K. Srinivasa Rao,	CSTARI, Kolkata-91	Member
	Joint Director of Training		
4.	L.K. Muhkerjee,	CSTARI, Kolkata-91	Member
	Deputy Director of Training		
5.	Ashoke Rarhi,	ATI-EPI, Dehradun	Member
	Deputy Director of Training		
6.	N. Nath,	CSTARI, Kolkata-91	Member
	Assistant Director of Training		
7.	S. Srinivasu,	ATI-EPI, Hyderabad-13	Member
	Assistant Director of Training		
8.	Sharanappa,	ATI-EPI, Hyderabad-13	Member
	Assistant Director of Training		
9.	Ramakrishne Gowda, Assistant	FTI, Bangalore	Member
	Director of Training		
10.	Goutam Das Modak,	RVTI, Kolkata-91	Member
	Assistant Director of Trg./Principal	,	
11.	Venketesh. Ch., Principal	Govt. ITI, Dollygunj, Andaman & Nicobar	Member
	, ,	Island	
12.	A.K. Ghate, Training Officer	ATI, Mumbai	Member
13.	V.B. Zumbre, Training Officer	ATI, Mumbai	Member
14.	P.M. Radhakrishna pillai,	CTI, Chennai-32	Member
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1.5	Training Officer	CITY CI : 22	3.6 1
15.	A.Jayaraman, Training officer	CTI Chennai-32,	Member
16.	S. Bandyopadhyay, Training Officer	ATI, Kanpur	Member
17.	Suriya Kumari .K , Training Officer	RVTI, Kolkata-91	Member
18.	R.K. Bhattacharyya, Training Officer	RVTI, Trivandrum	Member
19.	Vijay Kumar, Training Officer	ATI, Ludhiana	Member
20.	Anil Kumar, Training Officer	ATI, Ludhiana	Member
21.	Sunil M.K. Training Officer	ATI, Kolkata	Member
22.	Devender, Training Officer	ATI, Kolkata	Member
23.	R. N. Manna, Training Officer	CSTARI, Kolkata-91	Member
24.	Mrs. S. Das, Training Officer	CSTARI, Kolkata-91	Member
25.	Jyoti Balwani, Training Officer	RVTI, Kolkata-91	Member
26.	Pragna H. Ravat, Training Officer	RVTI, Kolkata-91	Member
27.	Sarbojit Neogi, Vocational Instructor	RVTI, Kolkata-91	Member
28.	Nilotpal Saha, Vocational Instructor	I.T.I., Berhampore, Murshidabad, (W.B.)	Member
29.	Vijay Kumar, Data Entry Operator	RVTI, Kolkata-91	Member

#### **GENERAL INFORMATION**

<b>1.</b> Name of the Trade	Physiotherapy Technician
2. NCO Code No	
3. Duration	: One year (Two semesters)
<b>4.</b> Power Norms	: 3 Kw. : 100 sq.
<b>5.</b> Space Norms	Mtrs
<b>6.</b> Entry Qualification	: 10 <sup>th</sup> class passed
7. Unit Size (No. of students)	: 16
<b>8.</b> Instructor's/Trainer's Qualification:	
(a) Degree or Diploma in phy	violetrapy with 1 or 2 years post qualification experience respectively.
Or, NTC/NAC in the relevant	t trade with 3 years post qualification experience.
(b) Desirable Qualification: P	Preference will be given to a candidate with Craft Instructor Certificate
Note: At least one Instructor must have Deg	gree or Diploma in relevant field.

#### SYLLABUS FOR THE TRADE OF PHYSIOTHERAPY TECHNICIAN

### Under Craftsman Training Scheme (CTS) Duration: Six Month

#### First Semester

(Semester Code no. PHT - 01)

Week No.	Trade Practical	Trade Theory	Engineering Drawing	Workshop Cal. & Science
1.	Demonstration & A.V. display	<ul> <li>i) Introduction_to Anatomy/Physiology</li> <li>a) Definition &amp; the subdivisions of anatomy.</li> <li>b) Anatomical &amp; fundamental position.</li> <li>c) Anatomical regions, sections &amp; planes.</li> <li>The descriptive Anatomical terms</li> </ul>	Basic concept of Engineering Drawing, 1 <sup>st</sup> & 3 <sup>rd</sup> angle projection.	Force-definition, diagrammatic representation. Classification of forces. Concurrent, coplanar and co-linear forces. Composition and resolution of forces, angle of pulls of muscle.
2.	1. Techniques of Massage of different parts of the Human Body- 2. Kynationology 3. Head & Neck Massage b) Arms Massage c) Back Massage d) Upper leg, Lower leg & Foot Massage 4. Therapeutic application of Massage (such as Bell's palsy, Paraplegia, Hemiplegia etc.)	ii) Osteology a) Basic terminologies b) About the skeleton c) Brief descriptions about Bone & Cartilage (structure, types, functions etc.) d) Identification, side determinations & structural details of bones of skull, Thorax, Vertebral column, Upper & Lower extremities	-do-	-do-
3.	Demonstration & A.V. display	<ul> <li>iii) Orthrology</li> <li>a) Definition &amp; classifications of joints</li> <li>b) The terms related to the movements of joints</li> <li>c) Description of joints of the upper &amp; lower extremities with their ligamental</li> </ul>	Basic free hand sketches of various geometrical shapes.	Calculations of percentages. Ratio and proportion, Inverse-square law. Geometry of triangles.
4.	Demonstration & A.V. display	iv) Neurology a) Knowledge of CNS and its pathology. b) Knowledge of Central Nervous System & its pathology. c) Description about Spinal nerves d) Nerve plexus of the body with their distributions (cervical plexus, brachial plexus, limbo-sacral plexus) v) Myology	-do-	Momentum, its principles and practical applications.

5.	Demonstration & A.V. Display Study of different X-Ray plates	a) Classifications & structures of Muscles b) Description of all major muscles with their origin, insertion, nerve supplies, blood supplies & actions. c) Muscles acting on joints of upper & lower extremities vi) Visceral Anatomy Description of organs related to Digestive, Respiratory, Circulatory, Excretory & Reproductive System (in brief) vii) Radiological Anatomy Demonstration of some normal and	Types of lines and its applications, line practice.	Laws of Friction and its applications.
6-7	Identification of bones, nerve routes and mussel attachment, related surface, reading X-ray plates, types of joints & their movements in different axes, Nerve muscle physiology, measurement of B.P. pulse & idea of reflexes and their examination	abnormal x-ray plates. viii) Applied Anatomy Common clinical conditions of Axial & Appendicular skeleton such as, a) Carpal tunnel syndrome b) Erb's palsy c) Klumpke palsy d) De Quervain's disease e) Dupuytren contracture g) Trigger finger, Mallet finger h) Wrist ganglion i) Rotator cuff Impingmentation Syndrome (R.C.I.S) j) Fixed Flexion Deformity (F.F.D) k) Wrist drop l) Road Traffic Accident (R.T.A) m) Deltoid ligament rupture n) Achilles tendon rupture o) Trendelenbrug's sign p) Tarsal tunnel syndrome q) Genus vulga/vera r) Coax vulga/vera s) Hallux	Types of lines and its applications, line practice. Lettering practice.	Electric current, voltage and resistance. Ohm's law and its applications. Introduction to AC and DC circuits. Measurement of current and voltage.
8.	Nerve muscle physiology, measurement of B.P.Pulse and idea of reflexes and their examination Case history recording & follow-up in Clinic on patient.	function - Tissues - structure, function. ii) circulatory system	Reading of different types of scales and its applications.	Gravity: definition, line of gravity, centre of gravity.

- c) Divisions of Nervous system
- d) Central Nervous System-classifications, structures & functions of Brain & Spinal cord (in brief)
- e) Peripheral Nervous system-Cranial Nerves (names & functions) & Spinal Nerves (introduction)
- f) Sensory System-pain

#### iv) Skin & Temperature

#### regulation-

- a) Structure of skin
- b)Function of skin
- c) Temperature regulation system

9.	-do-	v) Food & Nutrition-	-do-	-do-
<i>)</i> .	-40-		-uo-	-40-
		a) Definition & types of Food		
		(carbohydrate, protein, fat, minerals,.		
		Vitamins, water with example & brief		
		descriptions b) Balance diet c) Relation		
		between Food & Nutrition		
		vi) Digestive System-		
		a) Structure & function b) Details of food		
		materials c) Steps of Digestion,		
		Absorption & metabolism (in brief) c)		
		Neurological factors related to Digestion		
10.	-do-	vii) Respiratory system-	Free hand	Equilibrium:
		a) Structure & Function b) Process	sketches of	supporting base,
		of Respiration	different types of	types and stability of
		b) Technical datas related to	tools used related	equilibrium.
		pulmonary activity in relation to	to the trade.	
		stress & rest		
		c) Cardio-Respiratory relation d)		
		Artificial Respiration		
		e) Neurological control		
		viii) Endocrinology-		
		a) Definition, character & function		
		of Hormones		
		b) About the Hormone secreting		
		glands		
		c) Hormonal control on		
		physiological activities		
		ix) Excretory system-		
		a) About the nephron		
		b) Structure & function of Kidney		
		c) Formation of urine d) Micturation		
11.	Antenatal and postnatal	GYNAECOLOGY &	-do-	Work, power, energy:
	exercises.	OBSTETRICS		types of energy.
		1. Introduction to Human		Jr
		Reproductive System		
		2. Physiology of pregnancy		
		2. Injuiding of programmy		

12.	Identification of different	PHYSIOTHERAPY	Study of the	Levers: definition,
	Tools, equipment	i. Introduction: a) definition of	drawing related	function,
		Physiotherapy	to various bones	classification and
		Terms of Physiotherapy i.e.	of human.	application of levers
		Electrotherapy, Exercise-therapy,		in
		Massage-therapy, Ergonomics,		physiotherapy and
		Rehabilitation.		order of levers with
		d) definition of electrotherapy,		example of lever in
		Safety precautions in Electrotherapy.		human body
		e) Physical modalities, which are		
		used in Physiotherapy.		
13.	Application of ice pack, cold	2. Cryo therapy:	-do-	-do-
	pack, ice towels, ice bath, ice	a) Physiological effects		
	cube message.	b) Methods of application (ice		
		pack, cold pack, ice towels, ice bath,		
		ice cube massage, vapocoolant		
		sprays) c)		
		cryokinetics d) Indications &		
		Contraindications		
14.	Demonstration of hot packs,	3. Thermotherapy: a) Superficial	-do-	-do-
	Kenny packs, hot water bag	Heating Agents-		
	etc. & its applications.	A. Hot packs- Physiological effects, types		
		of Hot Packs (hydrocollators, Kenny		
		packs, hot water bag, electrical heating		
		pads) with their Techniques of application,		
		Indications & Contraindications		
15.	Demonstration and	<b>B.</b> Wax bath - About the wax,	Free hand	Pulleys: system of
	Practice on wax bath	Descriptions of a Wax bath Unit,	sketches of	pulleys, types and
	preparation & its	Composition & method of preparation of	bones, spinal	applications.
	applications.	wax bath, physiological effects,	cord and joints.	
		Techniques of application, Indications &		
1.6		Contraindications.	1	1
16.	Demonstration and	C. Infra-Red Radiation-	-do-	-do-
	Practice on infra-red	About the Infra-red rays, Sources of		
	applications.	Infra-red rays, Technical datas,		
		Physiological effects, Techniques of		
		application, Terminations of IRR,		
17.	D	Indications & Contraindications.	-do-	C
1/.	Demonstration on	b) Deep Heating Agents -A) S.W.D-	-uo-	Specific gravity,
	application on S.W.D.	meanings of Short-wave & Diathermy, Effects of S.W.D. Technical datas,		hydrostatic
		Descriptions of a S.W.D Instrument,		pressure, Archimedes
		Method of application, Positioning of		principle.
		Electrode pads During, Treatment, Dose		Properties of water
		& Duration of treatment, Indications &		and other liquids.
		Contraindications.		and outer fiquids.
18.	Demonstration	B) M.W.D- Introduction.	-do-	-do-
10.	and Practice	C) U.S.T- About the Ultra sound,	-40-	uo l
	and Fractice			
		Difference among Ultra sound, Infra sound & Audible sound, Effects of		
	ĺ	sound & Audiole Sound, Effects of	l	
		IIS T in Human body Tachnical		
		U.S.T in Human body, Technical datas, Descriptions of an U.S.T		

	T	T		
		Instrument, Description about different		
		types of Coupling medium, Method of		
		application of U.S.T, Dose & Duration of		
		treatment, Indications &		
		Contraindications.		
19-21	Demonstration.	Stimulators-	-do-	Buoyancy law of
	Demonstration on	a) Faradic - About the Faradic type		flotation. Factors
	Applications of	of current, Technical datas,.		determining
	TENS	Description of a Faradic Stimulator		up-thrust, effect of
		& Electrodes, Physiological effects,		buoyancy on
		Method of application (Motor point		movements.
		stimulation method, Nerve		Equilibrium of
		,		_
		conduction, method, Unipolar &		floating body.
		Bipolar Faradic Bath method etc.),		Bernoulli's theorem.
		Application of continuous & Surged		
		Faradic, Dose & Duration of		
		treatment, Indications &		
		Contraindications.		
		b) Galvanic- About the Galvanic		
		type of current, Technical datas,		
		Descriptions of a Galvanic		
		Stimulator, Physiological effects,		
		Method of application (Sensory		
		point or Determinations stimulation		
		method, ath method etc.), application		
		of continuous & Interrupted		
		Galvanic, Dose & duration of		
		treatment, Indications &		
		Contraindications.		
		c) T.E.N.S- Meanings of		
		'transcutaneous', difference between		
		transcutaneouis & percutaneous,		
		Technical datas, Description of a		
		T.E.N.S., Physiological effects (		
		among with pain gate Theory),		
		Method of application (Trigger point		
		stimulation method, Acupuncture		
		point stimulation method etc.),		
		Placements of T.E.N.S electrodes,		
		· ·		
		Application of continuous, surged & brust mode. Dose & Duration of		
		treatment, Indications &		
		contraindications.		
		d) <b>I.F.T</b> - Introduction, application,		
22	D	Indications & Contraindications.	J.,	do
22.	Demonstration on	Clinical Decision Making in	-do-	-do-
to 24.	application on U.S.T.etc.	Electrotherapy- Differential application		
	Demonstration on basic	of S.W.D, U.S.T, F.S,		
	massage techniques, gait	G.S, T.E.N.S, I.F.T, I.R.R, Wax		
	training.	bath.		
		MASSAGE THERAPY &		
		REHABILITATION.		
		a) Definition of Massage		
		b) Aim of Massage		
ı		c) Physiological effects of Massage		
	1	d) Therapeutic uses of Massage		1

26.	Examination	
25.	(i) Project Work(ii) Industrial Visit (Optional)	
	h) Types of Massage	
	g) Rules & direction of Massage	
	powder, ice etc.)	
	f) Materials used in Massage (oil,	
	e) Contraindications of Massage	

#### SYLLABUS FOR THE TRADE OF PHYSIOTHERAPY TECHNICIAN

#### **Under Craftsman Training Scheme (CTS)**

**Duration: Six Month** 

#### Second Semester (Semester

Code no. PHT - 02)

Week	Trade Practical	Trade Theory	Engineering	Workshop Cal. &
No.			Drawing	Science
1.to 7.	Application of	<b>EXERCISE THERAPY &amp;</b>	Free hand drawing of	Elasticity: definition,
	traction, uses of	YOGA.	skeleton of human	stress, strain, Hooke's
	walking aids	a. Exercise Physiology:	body	law.
		1. Energy Systema)		Springs: properties of
		Metabolism b) Energy in		springs, spring in
		Muscular Activity- ATP-PC		series and parallel,
		System, Lactic Acid System,		elastic materials in
		Oxygen System c) Aerobic &		use.
		Anaerobic pathways during		
		Rest & Evergise d) Measuring		

Rest & Exercise d) Measuring energy during Exercise

2. <u>Foods, Nutrition & Exercise</u> Effects of Exercise on Carbohydrate, Protein & Fat

Requirement

Drawing of human body & different

- 3. Thermoregulation & Exercise organs.
- a) Conduction, Convection &

Evaporation b) Regulation of Internal Body Temperature c) Physiological

thermoregulation d) Heat Disorders-Heart Stroke, Heat Exhaustion, Heat

Cramp.

- 4. Respiration- a) Muscles for Inspiration & Expiration b) Static & Dynamic Lung Volume c) Gaseous Exchange d) Adaptational changes to physical training e) Maximum aerobic Capacity VO2 Max.)
- 5. <u>Cardiovascular Adaptations-a</u>) Sub maximal Exercises b) at maximal Exercises
- 6. <u>Fatigue</u> a) Types of b) Symptoms c) Methods of Recovery
- 7. Exhaustion
- 8. Endurance- a) Definition b) Endurance Training
- 9. Kinesiology &

		Biomechanics: Basic terminologies		
		& practical approach		
8. to 13.	Demonstration.	B. Fundamentals of Exercise	Drawing of major	Definition of radiation
		1. Definition of Exercise	muscles, nerve	and its types.
		2. Benefits of Exercise	supplies & blood	Electromagnetic (EM)
		3. Physiological changes	supply & action.	radiation. Radiation as
		during Exercise.	Drawing of different	a wave motion. Wave
		4. Classifications of Exercise-	joints of human	length, frequency,
		active, passive, resistive,	organ.	
		isometric, functional,	Drawing of	amplitude, velocity and
		stretching, strengthening,	Digestive,	their relation. Concept
		closed-chain, open-chain etc.	Respiratory &	of Quanta. Energy of
		C. Applied Exercise Therapy	Excretory system	radiation . Electro
		1. Manual Muscle Testing		magnetic spectrum,
		2. Techniques of Stretching		common properties of
		Exercise- Region of shoulder,		radiation
		elbow, wrist, trunk, hip, knee,		TWWWW TOTAL
		ankle		
		3. Exercises for Muscles		
		Strengthening - Region of		
		shoulder, elbow, wrist, trunk,		
		hip, knee, ankle		
		4. Techniques of PF.		
		5. Techniques of Breathing		
		Exercises.		
		6. Exercises for Co-ordination		
		& Balance		
		7. Exercise with Instruments		
		8. Exercise for increase ROM		
		10. Goniometry		
		11. Exercise as a Treatment of		
		Diseases		
		a) Cervical Spondylosis		
		b) Lumber Spondylosis		
		c) Ankylosing Spondylosis		
		d) Tennis Elbow e) Golfers		
		Elbow f) Joint Stiffness		
		g) Frozen Shoulder h) Bell's palsy I)		
		Paralysis j) out k) R.A l) O.A. m)		
		Foot Drop n) Wrist Drop o)		
		Perkinsonism		
14. to	Demonstration.	ORTHO-NEURO-GENERAL	Different drawing of	Bio chemistry:
19.	Domonsti ution.	Orthopaedical condition:	bones, nerve roots &	Chemistry of water,
		Etiology, C/F, Investigations &	muscle attachment.	Mineral, Vitamins,
		Physiotherapeutic Management of	Sketches of heart	Protein, Carbohydrate,
		the followings: -i) Kyphosis ii)	Sketches of Neurons	Lipids, Nucleic acids,
		Lordosis iii) Scoliosis iv) Cervical	and nerves.	Enzymes, Blood, Extra
		Spondylosis v) Lumber Spondylosis	and herves.	cellular fluids.
		vi) Ankylosing Spondylosis vii)		Centulai Hulus.
		Tennis Elbow viii) Folger's Elbow		
		ix) Gout	1	

	x) Osteo-arthritis	Sketches of digestive	Metabolism of
	xi) Rheumatoid Arthritis	system Sketches of	Carbohydrate,
	xii) Frozen Shoulder	respiratory system	Proteins, Lipids,
	xiii) Fracture xiv) Dislocation	Sketches of excretory	Amino acids, Hemins,
	& subluxation xv) Sprain	system	Purimes, Pyrimidies
	xvi) Tendonitis. xvii) Rickets		and Nucleic Acids.
	xviii) Osteomalacia		Nature, properties,
	xix) Osteomyelitis		Kinetics and
	xx) Calcaeneal Spar xxi) Flat		mechanism of action
	foot.		of energy and
	<b>Neurological Condition:</b>		co-enzymes,
	Etiology, C/F, Investigations &		Biological oxidation
	Physiotherapeutic Management of		and bio-energetic.
	the followings:-		Basic Ideas of
	i) Cerebral palsy		Chemical
	ii) Hemiplegia iii) Paraplegia		Reactions
	iv) Quadriplegia v) Myalgia vi)		
	Fibromysities vii) Polio		
	Myelitis viii) Parkinsonism		
	ix) Bell's palsy x) C.V.A		
	xi) Upper & Lower Motor		
	Neurone diseases		
	xii) Peripheral Nerve Injury		
	xiii) Spinal Cord Injury		
	xiv) Sciatica		
	General condition:		
	Etiology, C/F, Investigations &		
	Physiotherapeutic Management		
	of the followings: -		
	i) Obesity ii) Burns iii) Epilepsy etc.		
20. to 24.	CASE STUDIE	S	
25.	Revision		
26.	Examination		

## LIST OF TOOLS AND EQUIPMENT For Physiotherapy Technician

#### For a batch of 16 trainees.

Sl. No.	Items	Quantity.
1	Diagram of -(i) Human	1 set
	Organs "1 Exercises charts J	
2	Wax bath	1 no.
3	I. R. Radiator	1 no.
4	Short wave Diathermy unit	1 no
5	Electric Muscle nerve Stimulator	1 no.
6	Battery 6 V & 12V	2 nos.
7	Battery Eliminator 6V, 9V, 12V	2 nos.
8	Traction set up including Pulley, Weight Table unit	1 set.
9	Apparatus for various exercises-Shoulder Wheel,	1 Set Assorted
	Shoulder pulley, Finger exerciser.	
10	Durra mats	10 nos.
11	Table	1 no.
12	Chair with Desk	16 nos.
13	Cup Board	2 nos.
14	IFT (Interferential Therapy)	1no.
15	TENS (Trans Electric Nerve Stimulator)	1 no.
16	Ultra sound Apparatus	1 no.